## Week One Menu

Served weeks commencing: 2/9,23/9,14/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Sausages Served with Mash Potato, Carrots & Peas	Beef Lasagne Served with Herby Potatoes and Sweetcorn	Roast Chicken Served with Roast Potatoes, Green Beans, Carrots & Gravy	Mild Beef Chilli Con Carne Served with Sweetcorn and Broccoli	Fish Fingers Served with Chips Beans, Peas & Tomato Ketchup
VEGETARIAN	Quorn Cumberland Sausage Served with Mash Potato Carrots & Peas	Vegetarian Lasagne Served with Herby Potatoes and Sweetcorn	Cauliflower, Broccoli and Cheese Bake Served with Roast Potatoes, Green Beans and	Vegetable Enchilada Served with Sweetcorn and Broccoli	Cheese & Tomato Pizza Served with Chips Beans and Peas
JACKET POTATO / PASTA DISH	Pasta with Tomato & Basil Sauce	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans	Carrots Pasta with Tomato & Basil Sauce	Jacket Potato with Tuna Mayonnaise/ Cheese/ Baked Beans	Pasta with Tomato & Basil Sauce
SANDWICH	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise
DESSERTS	Lemon Sponge Served with Custard	Shortbread Finger with Fruit Wedges	Iced Chocolate Sponge	Apple Crumble Served with Custard	Fruity Friday

## AVAILABLE DAILY:

Choice of Freshly Baked Flavoured or Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.